



Smallwood Church of England Primary Academy

School Lane
Smallwood
Sandbach
Cheshire
CW11 2UR

☎ 01477 500362

Our PSHE and RSHE curriculum

Dear Parents and Carers,

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our personal, social, health and emotional (PSHE) curriculum. PSHE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHE curriculum is to help pupils make safe and informed decisions during their school years and beyond.

Relationships, sex and health education (RSHE) is the statutory element of our PSHE curriculum and all schools in England are required to teach RHE (relationships and health education) in primary schools.

RHE is a statutory subject and, although parents can withdraw their child from the sex education element, we want to assure parents that our curriculum is taught in an age-appropriate manner and provides pupils with the time to ask questions in a safe environment and ultimately receive factual information, rather than hearing content second hand or via online platforms. Some of our resources are sourced from the health team in Cheshire East.

We will be teaching lessons about RHE as part of *our PSHE lessons*, which will include topics such as: *naming body parts; families; online safety; puberty (Year 5); babies and birth (Year 6); relationships and communication skills*. During these lessons, pupils will be able to ask questions, which will be answered factually in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

RHE is a carefully planned curriculum and is there to ensure our pupils can navigate the world around them safely. An un-informed child is often a child left vulnerable and we want to empower our pupils here at Smallwood. Our curriculum overview, content and policy can be found at https://www.smallwood.cheshire.sch.uk/serve_file/20729994

In the 21st century, pupils are exposed to so many incorrect messages about their bodies, relationships and expectations. The prevalence of this in the media, and social media in particular, make it important that all young people have a place to discuss pressures, check facts, dispel myths and ultimately feel safe.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

Iestyn Lewis
Tel: 01477 500362
Email: head@smallwood.cheshire.sch.uk

Registered Office: The Smallwood Academy Trust Company Number: 09118770 VAT: 198072083

